

# Summer Food Service Program

Offer Versus Serve 2014

Julie McCord Child & Adult Nutrition Services



# Breakfast

## Basic Food Components

- SFSP Meal Pattern
  - Milk,
  - Vegetable or fruit,
  - Bread and/or grain
  - (Meat or meat alternate is optional)
- OVS at Breakfast, 4 food items must be offered, child must take 3 to have a reimbursable meal. May only decline 1 item
- The fourth food item can be fruit/vegetable, bread/bread alternate, or meat/meat alternate.



**NEW**

# Required Components

- 1. Milk
- 2. Vegetables / Fruits
- 3. Bread / Grains



# Fluid Milk Component

- 1 cup (8 fluid ounces) for all grades
- Must offer one or if desire a variety (at least 2) of the following:
  - Fat-free unflavored
  - Fat-free flavored
  - Low-fat (1% or less) unflavored
  - Low-fat or fat-free lactose-reduced/lactose-free
  - Whole, 2%, and low-fat flavored milk not allowable
  - No fat/flavor restriction on milk substitutes



# Fruit or Vegetable

- 1/2 cup
- 4 fluid ounces of 100% juice



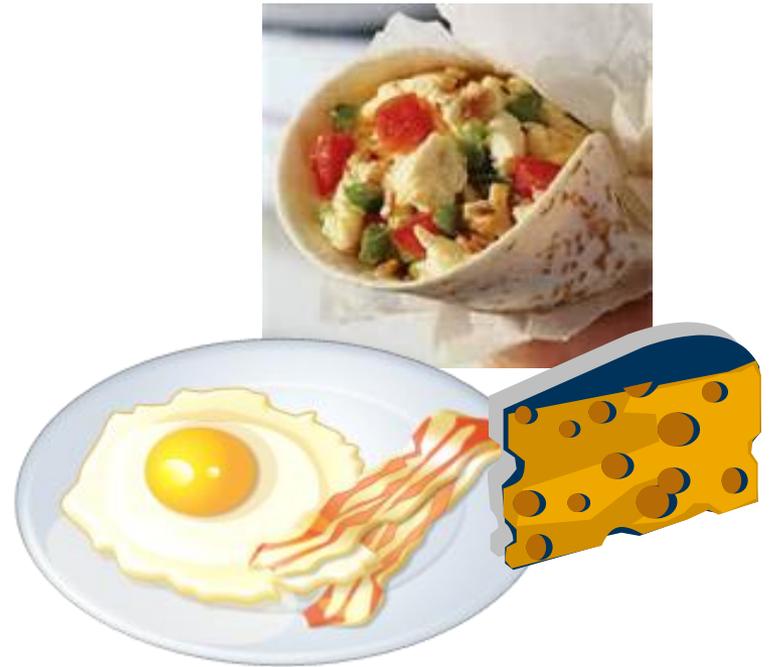
# Bread / Grains

- See Bread/Grain Chart Page 96-97 for options and serving sizes in grams or ounces
- Cold cereal 1 oz. or  $\frac{3}{4}$  cup
- Hot cereal  $\frac{1}{2}$  cup cooked



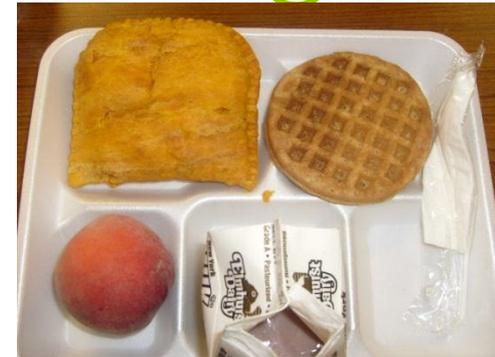
# Optional Breakfast item

- Optional: Meat / Meat Alternate
- Some options: 1 oz. meat, 2 T peanut butter, 4 oz. yogurt, 1 oz. nuts, ½ egg, see page 10 of the SFSP Nutrition Guidance Handbook for the SFSP meal pattern



# Examples Breakfast offerings

- Child must take 3 or all 4 of the required 4 foods offered.



- Milk, grain, grain, fruit/vegetable



- Milk, grain, fruit/vegetable and fruit/vegetable



- Milk, grain, fruit/vegetable and meat/meat alternate



## OVS for SFSP Lunch/Supper

- Offer Versus Served available (if desire OVS complete Attachment O in application)
- Five food items must be offered:
  - One serving of meat/meat alternate
  - Two different servings of fruit/vegetables
  - One serving of bread/bread alternate or grain
  - One serving of fluid milk
- Child must take 3 or more of the 5 items offered

Must offer 5 (Take 3 – 5 items)



Orange, milk, white bread, green beans, spaghetti with meat sauce

# Some Answers...



- Orange, milk, white bread, green beans, spaghetti with meat sauce (combo) (Take all) (1 extra grain/bread)
- Orange, milk, bread **or** noodles no meat, green beans – took 4 components
- Milk, *white bread (extra)*, spaghetti with meat sauce – 3
- Orange, spaghetti with meat sauce – 3
- Green beans and milk – **NO**
- Spaghetti and meat – **NO**

# Must offer 5 (Take 3 – 5 items)



- Milk, apple, peanut butter & jelly sandwich, fruit cup.
- What are reimbursable combinations?

Must offer 5 (Take 3 – 5 items)



Mash potatoes, milk, pear, veg mix, baked chicken.

# NOT REIMBURSABLE OFFER

- No Grain/Bread offered – not reimbursable offer so no reimbursable meals



# Basic Food Components

## Lunch/Supper

- If school – you have a choice between the SFSP or NSLP meal pattern.
- Must use production record approved for the pattern chosen.
- If choosing NSLP, must follow meal pattern requirements.
- Remember the students **must take ½ c fruit or vegetable** when following NSLP OvS

# Resources

- SD Child and Adult Nutrition Services

<http://doe.sd.gov/cans/sfsp.aspx>

- USDA Summer Food Service Program  
Nutrition Handbook

[http://www.fns.usda.gov/sites/default/files/  
NutritionGuide.pdf](http://www.fns.usda.gov/sites/default/files/NutritionGuide.pdf)